



Meet Lisa, an Avista customer.

Save energy and increase
comfort at home with her
simple DIY projects.

AVISTA[®]

Watch my energy-saving videos online.



Hi, I'm Lisa. Do you live in a house or apartment that's not very energy efficient? Mine wasn't. So I completed a few low-cost/no-cost energy saving projects on my own.

Let me share how easy it was. Watch my videos on how to lower your energy use and improve comfort with heat and hot water, lighting and much more.

Look for "At Home with Lisa" at myavista.com/energytips.



Sealing leaks.



Installing window coverings.



Saving hot water.