



October 2025 | Oregon

Connections

Ready to stay warm and save big?

Upgrade to a high-efficiency gas furnace and enjoy a comfortable home all winter—with the benefit of lower heating bills! Energy Trust of Oregon is offering Avista customers **\$1,600** back on a qualifying gas furnace upgrade.

Visit energytrust.org/gasfurnace to learn more and connect with local experts to install your high-efficiency gas furnace.



You're not alone

Help may be available for your natural gas bill.

We know that rising costs for groceries, housing, childcare, and more are making it harder for many households to keep up. If you're feeling stretched, you're not alone. Avista is here to help.

As of October 1, 2025, higher income guidelines for our *My Energy Discount* program now mean more Oregon customers can qualify for monthly savings on their natural gas bill. This program is designed to support households that could use a little extra breathing room in their budget.

For example, a family of four in Oregon earning up to \$73,816 per year may now be eligible. Even if you didn't qualify before, it's worth checking again.

Asking for help isn't always easy. This program exists because we understand that life happens. Whether your situation is temporary or ongoing, we want to make sure you have access to the support you need.

Applying is simple and confidential. Visit myavista.com/MyEnergyDiscountOR to check your eligibility and apply now.

We also work closely with local community action agencies to offer additional resources like home weatherization services. These programs are designed to help you manage energy costs and improve comfort year-round.

If you or someone you know could benefit, please take a moment to see what's available.





Go Paperless. Save more. Every season.

When Avista saves, everyone benefits. By choosing Paperless Billing, you're helping reduce printing and postage costs while enjoying a more convenient way to manage your account.

With Paperless Billing, you'll receive a monthly bill summary straight to your inbox. You can also opt in for helpful reminders and notifications and still pay your bill however you prefer—online, by phone, or in person. It's flexible, secure, and designed to fit your lifestyle.

Whether it's fall organizing, winter streamlining, spring cleaning, or summer simplifying – going paperless is a smart move all year long.

Ready to switch? Visit myavista.com/enrollments or call us at (800) 227-9187.

Giveaways ahead—don't miss out!

We're here to help you stay safe, save energy, and make the most of every season.

Follow @avistautilities on Instagram and Facebook to stay in the loop and enter to win exciting prizes all year long. From energy-saving tools to seasonal goodies, you never know what might pop up — so don't miss your chance!



Follow to win!
@avistautilities



CARBON MONOXIDE Know the signs

Carbon monoxide (CO) is a silent threat that can lurk in your home without any obvious signs. Produced by the incomplete combustion of fuels like wood, charcoal, oil, propane, kerosene, coal, diesel, and natural gas, CO is colorless, odorless, and toxic. It can come from everyday sources—your car's exhaust, a malfunctioning furnace, or even a poorly ventilated fireplace.

Protect your household by installing UL-listed CO detectors near sleeping areas.

These devices are required in some states and available at most home stores.

Have fuel-burning appliances—like furnaces, water heaters, and stoves—serviced regularly by qualified technicians. Never use generators, charcoal grills, or barbecues indoors.

If you suspect CO poisoning, leave immediately, call 911, seek medical help, and notify Avista at (800) 227-9187. Do not reenter until safety is confirmed.

Visit myavista.com/cosafety for more information.

Connect with us

Mailing Address: 1411 E. Mission, PO Box 3727, Spokane, WA 99220-3727

Toll-Free: (800) 227-9187 | Web Site: myavista.com | Email: ask@myavista.com